

# ALISA PALLISTER, BSN, RN, CCM, CNLCP

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## QUALIFICATIONS SUMMARY

Highly motivated, goal oriented professional with fourteen years nursing experience in various settings, including home healthcare, oncology, acute care, long term care and staff development. A strong work ethic with commitment to excellence in all projects undertaken. Excellent organizational and interpersonal skills. Analytical thinker and enthusiastic problem solver. Adaptable to changing environments and experiences. Computer literate.

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## LICENSES, CERTIFICATIONS AND AFFILIATIONS

- Oregon and Washington State Registered Nurse Licensure
  - Certified Case Manager (CCM)
  - Certified Nurse Life Care Planner (CNLCP)
  - Member, American Association of Nurse Life Care Planners
  - CPR instructor 2006-2008
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## PROFESSIONAL NURSING EXPERIENCE

- Respiratory Medicine, including but not limited to COPD, lung cancer, Cystic Fibrosis, ventilators, BiPAP, CPAP, sleep apnea, BOOP, respiratory insufficiency, asthma, TB, thoracentesis, pleural effusion, bronchoscopy
  - HIV and AIDS
  - Oncology including preparing and administering chemotherapy
  - Wound Care including but not limited to burns, wound vacs, pressure ulcers, venous stasis ulcers, arterial ulcers, skin tears, moist wound healing, healing by secondary intention, wound dehiscence, compression therapy
  - Hip replacement, hip fracture, knee replacement, above and below the knee amputations
  - Geriatrics
  - Alzheimer's and dementia
  - Intravenous therapy including home infusion, Picc lines, central lines, Porta-caths
  - Cardiovascular, including but not limited to post MI and CABG care, CHF, cardiovascular assessment, atrial fibrillation, pacemaker
  - Neurology including but not limited to stroke, spinal cord injury, ALS, cerebral palsy, spina bifida, traumatic brain injury, brain tumor, multiple sclerosis
  - Renal failure, urostomy
  - Colostomy, ileostomy and stoma care
  - Tube feeding
  - Palliative Care and Hospice
  - Nurse delegation
  - Patient and caregiver education
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## WORK EXPERIENCE

Procare Nursing Services • Portland • OR August 2008-present  
Job title: Business Owner, Nurse Consultant

- Offering Care Management, Nursing Services and Life Care Planning

Concorde Career Institute • Portland • OR August 2008-present  
Job title: Instructor (substitute status)

- Teaching LPN students in a classroom setting.
- Cardiovascular, Hematology and Lymphatic course taught in fall of 2008

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## WORK EXPERIENCE (continued)

- Procure Nursing Services • Bellevue • WA August 2007-March 2008  
Job title: Business Owner, Nurse Consultant
- Provided Nurse Delegation services.
  - Provided Nurse Consultation for an Adult Family Home.
- Sunrise Senior Living • Bellevue • WA February 2006-October 2006  
Job title: Staff Development Coordinator
- Developed and implemented training schedules for nursing staff on various topics, including OSHA required training and CPR.
  - Participated in hiring and counseling nursing staff as needed.
  - Collected and formulated infection control data.
  - Quality improvement and resident relations.
  - Employee health and record keeping.
- Kaiser Permanente Home Health • Portland • OR January 1999-June 2005  
Job title: Public Health Nurse (Case Manager)
- Visited clients in a variety of home settings, providing skilled nursing assessments, medication management, patient and caregiver education and supervision.
  - Managed a caseload of home health clients, initiated care plans, coordinated certification and discharge planning.
  - Coordinated client care with physicians, outpatient clinics, community resources and a multidisciplinary team.
  - Provided back up coverage for the home infusion, hospice and palliative care teams as necessary.
  - Chart auditing for the purposes of quality improvement.
- Northwest Cancer Specialists • Portland • OR February 1998-January 1999  
Job Title: Nurse
- Prepared and administered chemotherapy.
  - Telephone triage and patient education.
- Montreal Chest Hospital • Montreal • Quebec • Canada May 1994-December 1997  
Job Title: Staff Nurse
- Cared for clients in acute care, intensive care, day hospital, emergency room and long-term care units.

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## EDUCATION

- McGill University • Montreal • Quebec • Canada 1994  
Bachelor of Science in Nursing
- Royal Victoria Hospital • Montreal • Quebec • Canada 1994  
Research Utilization Course
- Portland Community College • Portland • Oregon 2000  
Nurse Delegation
- Washington State DSHS • Portland • Oregon 2000  
Nurse Delegation
- Kelynco • Seattle • WA 2008  
Setting the Standards in Nurse Life Care Planning